

Taking The Right Measurements For Your Assessment

In order to supply the right chair for each individual user, the correct measurements must be taken.

Use the diagrams and guidelines illustrated below to specify the correct type of chair. All measurements are in mm and should be taken with the person in a seated position. A chair that promotes an upright back posture while working at the desk is encouraged.

NOTE: The measurements should be taken from the body, in a seated position, not of the chair. For example when taking the Seat Depth Measurement this should be the measurement from the back of the buttock to the back side of the knee when you are in a seated position not the back for the chair to the front of the chair..

Taking User Measurements

A. Seat Width

This measurement is taken from the width of the hips at the widest point. It may be easier to measure the person sat on a chair without arms.



B. Seat Height

Measure from the back of the person's knees to the floor. Make sure the user is in a seated position and the feet are flat on the floor. Ensure their typical footwear is considered.



C. Seat Depth

Taken from the back of the buttock to the back of the knee. NB. All Posture Collection chairs are standard with a seat slide that offers an additional 50mm of depth.



D. Backrest Height

Whilst sitting upright, measure from the top of the seat pad to the top of the shoulder (the bony prominence at the outer edge of the shoulder). A headrest option for additional support is also available on selected models.



E. Backrest Width

Sitting upright, measure across the back at the widest point.



Other Important Measurements

Armrest Height

This measurement is taken from the top of the seat pad to the underside of the elbow ensuring their shoulders are relaxed. This will help determine whether the benefit of adjustable arms is required

Armrest Width

Measured from the inside of the arm pads in both standard and widest positions. A person exceeding the width of this dimension will not require adjustable arms.

Workstation Height/Thickness

Measure the height from the desk surface to the floor. NB. Also measure the thickness of the desk and any obstructions. This will help identify what gas height the chair will require